

October 1, 2021

Families, friends, residents and staff;

Weekly PCR testing was conducted with results returned as negative. We continue to test twice a week with additional rapid tests conducted as needed for additional assurance. At the time of this writing the weekly Friday antigen testing has not been conducted. Multiple staff have received final doses and are waiting for the two weeks threshold to become fully vaccinated.

We are saddened to announce Jeff Girouard, Dietary Manager, will begin a new position with AVH. He will be missed and we are accepting applications for this position. The department has already been short so we are actively making adjustments to reduce the strain on the dietary team. We are networking within our organization for assistance. We will be instituting a plan similar to when the kitchen had a COVID-19 exposure in April of 2020, we will alter the menu and utilize Catholic Charities New Hampshire's food pantry for assistance with warm meals. This allows us to maintain quality services for our residents as we restructure.

We have begun to see an increase in visitors with cold and allergy symptoms with opting to change their visit to a window visit or rescheduling. We are greatly appreciative when visitors reschedule based on symptoms they are experiencing. As we enter cold and flu season we are also facing COVID-19 variants similar to cold and allergy symptoms. We continue to emphasize and kindly request you reschedule your visit if you are experiencing any symptoms, once symptom free we will ensure to reschedule another visit around your convenience. We will also be providing flu shots and COVID-19 boosters, we are networking with the pharmacy for boosters and will provide additional information to families once we have confirmation of our booster clinic date.

Lastly, cooler weather is upon us and our outdoor visits are steadily decreasing. As we begin visiting indoors we would like to emphasize the following:

- 2 visitors are allowed per room
- 4 visitors may visit in the dining room. We will have a designated visiting area in the far corner to avoid disrupting activities or other events.
- If you would like to meet in a private area or have a special function please let us know in advance so we can accommodate.
- As always, masks must always be worn in the building unless visiting with a resident, please wear your mask when staff enter the room.

Please do not hesitate to contact us with any questions or concerns.

Thank you,

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