## St. Vincent de Paul Rehabilitation and Nursing Center

29 Providence Avenue Berlin, NH 03570 T: 603-752-1820 F: 603-752-7149

stvincentrehabcenter.org

ST. VINCENT de PAUL REHABILITATION and NURSING CENTER

## November 12, 2021

Families, friends, residents and staff;

Weekly COVID-19 testing was conducted this week and at the time this letter was written the results were still pending. We continue to test staff twice a week who meet specific criteria, we will continue to have routine weekly testing for staff who are new and have not fully completed their vaccination series, two weeks after the final dose. At this point we are grateful to test only a handful of staff each testing day since almost everyone is "fully vaccinated" from COVID. We continue to see cases in the community and we have been receiving calls from visitors who said they had a recent visit and were just informed they had exposure to a COVID positive person a day or two prior to the visit. We cannot stress the importance of visitors from the community practicing increased caution with whom they are associating with before a visit is or will be scheduled. The outbreak which occurred in January put a stop to appointments, visits, group activities and communal dining; all to the detrimental effect to the residents and their families. Please help us protect our residents and staff by rescheduling your visit if you believe you may have had a recent exposure; we will always squeeze you into the next visit!

On Monday, November 8 we held a COVID-19 booster shot clinic for individuals who met criteria and were interested in enhanced immunity. We had fantastic turnout with the majority of qualifying residents and a very high percentage of staff accepting the booster. The booster provides "humeral" immunity which is essential in the defense against bacterial pathogens and allows the body to fight illness faster than "cellular" immunity which takes a couple weeks for the body to create the antibodies necessary to fight disease. Due to the original vaccine our bodies can create the necessary antibodies but waiting the additional time may cause increased illness. We share this information so others can make the determination if a booster is right for themselves.

Thanksgiving is right around the bend and if you would like to schedule an appointment please let us know. We ask that all appointments be made no later than end of day on Tuesday, November 23 so we can plan and accommodate the requests. Please reach out with questions.

Last week we mentioned the purchase of two new fish tanks for our residents to enjoy, residents and staff have given lots of positive feedback. As mentioned, the new fish tanks were purchased through donated funds, we would like to thank the Activity Department for purchasing these items through donations and for each individual who has contributed to the many specified donation funds that we have such as resident activities fund or employees fund. Again, thank you! We added a couple photos for everyone to see the new edition.

Have a nice weekend,

Jeffrey Lacroix NHA, MLA, FACHCA Administrator St Vincent de Paul Rehab and Nursing 29 Providence Ave Berlin, NH 03570 (P) 603-752-1820 (F) 603-752-5766